

## **Alcoholism and its Impact on the Individual and Society**

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### **Abstract**

*Consumption of alcohol abuse and addiction is the most prevalent diseases. So, alcohol consumption causes problems at the individual, social, health and financial level. Also, it makes the person feel happy only at a specific time. Moreover, it causes a lot of health problems. Then, excessive alcohol consumption negatively affects all organs of the body, the liver, the immune system, and heart. Also, driving drunk can cause many problems for every one as well as traffic, accidents. However, some people consider that alcohol is good for the health. Hence, alcoholics must visit the doctor every six months in order to ensure the safety of the body, especially the liver and heart. Thus, the governments should have a role in the reduction of alcohol abuse to use the media.*

Alcoholism is alcohol abuse Alaatala and a prevalent problem nowadays. So person is considered addicted if he/she continues to drink alcohol without interruption with the knowledge that this person knows about the dangers of alcohol addiction. Thus, the generations should know the risk of alcohol. Alcohols are of the worst psychotropic substance. Also, alcoholism leads to serious social, economic, and health problems. Thus, excessive alcohol consumption has consequences that may sometimes result in death. Alcoholism is a chronic disease that is often fatal. Alcohol inhibits people's ability to think properly, and most addicts deny the existence of the problem. However, alcoholism is considered one of the most widespread problems in the world. Alcohol abuse is a global problem causing the lack of development of the individual and society alike, and governments must limit the use of alcohol by put sanctions on it to protect the public from its effects. There are many factors that cause alcohol addiction and genetics is one of the most important causes of alcohol addiction.

Genetics play a big role in a person's addiction to alcohol. This means that if a father or mother is addicted to alcohol, there is likelihood that children can be addicted as well. There are a lot of studies that prove this. According to Smith, and Robinson (2013) genetics are connected to alcohol, for example American Indians and also Native Alaskans are more prone to alcoholism because they tend have to family records on addiction. Also, people suffer from health problems and psychological disorders in the mind because of addiction. Family environments can encourages to alcohol addiction. According to Richard, Jason, and Joanna (2007), studies conducted on the families of alcoholics found that the children of alcoholics have a greater predisposition to alcohol addiction, and children born into families of addicts are at risk of addiction than by 40-70 % more than others. So, people must realize the dangers of alcohol abuse before the creation of their families because alcohol abuse risk on the body.

Alcohol abuse is harmful to the body. Alcohol can cause a lot of health problems, and excessive drinking causes amnesia, and Disease psychosis. Thus, excessive drinking of causes traffic accidents. That most drinkers do not realize the danger of driving while alcohol drinking When they drive their car, the parts of the body, hands and feet and eyes control the car and the brain is responsible for the control and coordination between these members. Besides, drinking alcohol while driving adversely affects brain function and the body together and makes the parts of the body that ultimately leads to the same rate of accidents. Also excessive drinking causes hepatitis, problems in the pancreas, and heart problems. According to Barbour and Stewart (2008), a fatty liver is the most common in people who drink alcohol. Through experiments and tests, doctor can find that if the liver function is not good And the rate of infection increase by 30% for those who continue drinking for ten years. However, some people have a different opinion about alcohol.

However, there are other believe that drinking has little benefit for the body. For some alcohol has many benefits, especially natural wine, which reduces the incidence of heart diseases. Alcohol was also used in the past was used as analgesic and anesthetic for medical operations, and as a disinfectant to treat wounds. Then, some doctors advise people, who suffer from heart attack to drink one glass red wine every day.

Alcohol has some advantages, but many disadvantages as well. Therefore, disadvantages cause a variety of ailments, especially liver and kidney problems. Also it is the cause of fatal traffic accidents. Hence, addicted people should stop drinking alcohol, and the government should raise taxes to alcohol, and broadcast in the media about the dangers of alcohol addiction.

The government must limit the use of alcohol and put sanctions on it and raise taxes on alcohol. Governments have a significant role in the reduction of excessive alcohol drinking. The government must use the print media. The print media, radio and the Internet are instruments to get to know and interact with the social issues that mimics the community. So they must raise awareness about the health and social damages that result from alcohol consumption. Thus, the media should be responsible for raising the level of awareness of the community on issues involving the public such as alcoholism. Alcohol is can be found in all global communities. Due of its devastating effects on all sectors of society community must take action against it. Therefore, the media must increase talk shows involving doctors and addicts to illustrate the problem of addiction and risks while and providing treatment passivity. Consequently, creates awareness in the community is a possible solution alcohol addicts should patients be helped. Criminals to be punished or ostracized from society. With it causes for many diseases but some people believe that has many benefits.

### ***References***

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